

Centretown Community Health Centre

Women of All Cultures - Time for Ourselves

Meet new people, learn new skills and practice your English. Free on-site childcare, refreshments, prizes.

Date: Thursday, October 4 to November 22 Time: 4:00 to 6:00 pm
 Location: 420 Cooper Street Registration: Mia - 613-233-4443, ext. 2129



One World Film Festival

Presented by World Inter-Action Mondiale - www.wiam.ca

This year's festival will highlight films about indigenous peoples around the world with a particular focus on the First Nations, Inuit and Métis Peoples of Canada. The festival includes films, music, food, and guest speakers. For a list of the films being screened and show times visit the web site.

Date: October 10 to October 20 Time: various times - see web site
 Locations: Library & Archives Canada, 395 Wellington Tickets: festival pass - \$45.
 Odawa Native Friendship Centre - 12 Stirling Ave. students & seniors - \$40.
 Saw Video - 67 Nicholas Street



Cambridge Street School Fabric Flea Market

Over 65 vendors will be selling fabric, yarn, patterns, buttons and other needlework supplies. Donations of fabric, yarn, patterns, books, tools and other needlework supplies are welcome. To donate, phone the school (613-239-2216) or bring your donations to 250 Cambridge St. between 8:00 am and 4:00 pm before Friday, October 12.

Date: Saturday, October 13 Time: 10:00 am to 2:00 pm
 Location: Glebe Community Centre, 185 Third Avenue at Lyon



Woman Alive

Physical Activity Program for Women on Limited Income

Woman Alive provides affordable physical activity for women on limited incomes. Learn about healthy lifestyle choices for you and your family. The program includes fitness classes and a health education component. Call the facility of your choice for more information.

Jack Purcell Community Centre: 613-564-1050 Plant Recreation Centre: 613-232-3000
 320 Jack Purcell Lane 930 Somerset Street West



CCOC NewsNotes October 2007

Vote Housing on October 10th

Ontario Provincial elections are fast approaching. Watch for your Notice of Registration card in the mail from Elections Ontario. If you have not received this notice, contact Elections Ontario at 1 888 668-8683 for information on how to register and where to vote.

There are two key issues facing non-profit housing in this election.

First, there is not enough non-profit housing to meet the need. Waiting lists are very long and those that have chosen to put their name on the list must wait for as long as 10 years. **The Ontario government must provide funding to build new affordable housing.**

Second, non-profit housing is an important asset for our community and that asset needs to be kept in a good repair. Governments have never let groups like CCOC put aside enough money to fix major building items like roofs, windows, elevators, etc. **The Ontario government must help to share the responsibility of funding major capital repairs.**

During the weeks leading up to the election ask your candidates:

- Will you create a long term housing strategy for Ontario?
- Will you fund new affordable housing?
- Will you fund capital repairs?
- To put social housing on an equal playing field with private households, will you fund energy efficiency improvements for social housing units?



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613-234-4065

Maintenance ext. 707

Rental ext. 224/245

Finance ext. 230

Communications ext. 240

"NewsNotes" is written & published by CCOC's Membership & Communications Department. Your comments, submissions & suggestions are welcome.

Call Meg McCallum at ext. 240 (meg.mccallum@ccochoosing.org) or Karen Batsch at ext. 241 (karen.batsch@ccochoosing.org)

www.ccochoosing.org

The CCOC Office will be closed on Monday, October 8 for Thanksgiving.

Notre bureau sera fermé le lundi 8 octobre pour le jour de l'action de grâce.



CCOC Committee Meeting Schedule

STANDING COMMITTEES	OCTOBER	NOVEMBER	TIME (PM)
Membership & Communications	October 11	November 7**	7:00 (** at 151 Parkdale)
Development Committee	October 9	November 13	7:00
Finance Committee	October 17	November 14	7:00
Property Management Committee	October 18	November 15	7:00
Rental Committee	October 16	November 20	7:00
Board of Directors	October 31	November 28	7:30



Where: Board Room at 415 Gilmour Street (ring 808). Call 234-4065, ext. 0 to confirm.

Note: CCOC will pay taxi fare and family care for committee members attending meetings.

Lease Renewals

Many CCOC tenants whose rent is subsidized have their lease renewed on February 1. By now, those tenants should have received a letter from rental staff asking for proof of income and household composition.

Tenants must submit this information to us before October 31 to have their lease and rent subsidy renewed. If your lease ends on January 31 and you have not received our letter, please contact your Rental Officer.

Rental Officers - 613-234-4065 • Nicole - extension 245 • April - extension 224



Referendum 2007

At the same time as the provincial general election on October 10, Ontario voters will also receive a referendum ballot to choose whether to continue the existing electoral system known as First Past the Post (FPTP), or adopt the alternative Mixed Member Proportional (MMP) electoral system proposed by the Citizens Assembly on Electoral Reform.

Under the **First Past The Post** system, the local candidate with the most votes wins and will be the representative for the electoral riding in the provincial legislature. The party with the most elected representatives forms the government. This system has been criticized by groups such as Fair Vote Canada, which argued that it allows parties to form majority governments even when a minority of voters cast ballots for that party. Also, voters have more incentives to vote strategically - using their vote to stop an opposing candidate from winning, rather than voting for their preferred candidate if they believe that candidate will not place first in the election.

Under the **Mixed Member Proportional** system, each voter casts two votes - one for their preferred local candidate, and one for their preferred political party. A party getting 40 per cent of the votes will get 40 per cent of the seats in the legislature. No party gets more or less than it earned at the ballot box.

As an example, here is the difference between the actual seat counts from the 2003 Ontario general election and the seat counts that each party would have received under MMP.

Party	Popular Vote	FPTP	MMP
Liberal	48.49%	72	50
PC	36.18%	24	37
NDP	15.33%	7	16

For more information, contact Referendum Ontario at www.yourbigdecision.ca

233 Clarence for Sale

This four year old lower 3-bedroom stacked condominium town home features a south facing exposure; neutral decor freshly painted; hardwood and resilient sheet flooring on the main level; high efficiency gas furnace, all connections for future installation of central air conditioning unit; laundry closet with stacked Maytag washer/dryer; bathroom with a soaker tub; powder room; a patio at the rear of the unit; open concept kitchen/living/dining room.

All of this located just a few minutes walk to shopping, university, transit, and the hustle and bustle of the Market! Included in the price (\$153,000) are five appliances. Reasonable condominium fees cover common expenses, water and sewage charges. Heat and hydro are the owner's responsibility. Some flexibility possible on family profile and income requirements.

For more information contact Kim Menard at 613-234-4065, ext 242.



Tenant Art Show

The Membership & Communications Committee received a suggestion that, with so many talented artists as tenants, we should put on an art exhibition.

We're looking for tenants who would like to help plan the event. You would need to come to two or three meetings over the next few months. No special experience is required, but it would be helpful to have an interest in visual art and event planning.

Contact Meg at 613-234-4065, ext. 240 or meg.mccallum@ccochoosing.org for more information.

Hallowe'en isn't Just for Kids

CCOC has decorations to lend to tenants interested in decorating their building's common areas. We also have some funding for tenant gatherings to celebrate seasonal events. Volunteers in various CCOC buildings have done a great job of getting everyone into the spirit of Hallowe'en by decorating the lobby of their building, organizing tenant gatherings in the building or just getting together with other tenants to hand out treats. If you're interested in decorating your lobby or organizing a tenant gathering or treat giving, contact Karen at 613-234-4065, ext. 241.



Thanksgiving Dinners

Enjoy a Thanksgiving feast with all the trimmings and lots of company. Call each centre for more information. If you are able to, you may want to help out at one of the dinners.

St. Luke's Lunch Club

613-238-4193
760 Somerset St. West
Thursday, October 4
noon to 1:30 pm
Tickets - \$1 in advance at centre

Shepherds of Good Hope

613-789-8210
233 Murray Street
Monday, October 8
11:30 am to 12:30 pm



The Mission

613-234-1144, ext 236
35 Waller Street
Monday, October 8
11:30 am to 4:30 pm

Centre 507

613-233-5626
507 Bank Street
Wednesday, October 17
noon

Autumn Reminders

Outside Taps

- to prevent freezing, shut all hose bibs off, from the inside and outside.

Roof Decks

The doors to the roof decks will be locked when temperatures fall below 0° C. This is likely to happen mid-month or towards the end of this month. The decks will be reopened in the spring - generally in the first week of May.

Furnace Filters



The cooler temperatures of October are a reminder that winter's cold will soon be here. If your unit has a furnace, this would be a good time to change the filter.

The filter **should be changed once each month** during the winter months. The filter protects the blower from airborne dust and dirt which would damage the motor and it also helps to reduce the amount of dust discharged throughout the house. When the filter becomes clogged it makes the furnace motor work harder and results in increased heating bills and decreased efficiency.

The filter is usually located where the cool air enters the furnace - just behind the grill at the cold air return or at the entrance to the blower chamber or sometimes at both locations. For most furnaces the filter slides in and out.

There are different types of filters so make sure you check the model number on the filter. Filters can be purchased at most hardware stores. Some filters can reduce allergy symptoms. They are more expensive but can be cleaned with a vacuum and reinstalled.

Rappels pour Automne

Robinets Extérieurs

- afin de protéger les tuyaux contre le gel, veuillez fermer tous les robinets extérieurs du dehors et de l'intérieur.

