

# NewsNotes

## CCOC December 2008



### Greening CCOC Staff

Last month's Newsnotes reported that CCOC staff would be taking part in sustainability training. This took place over two full days in November and involved all full time staff - office, maintenance and cleaners.

What does sustainable mean? Sustainable means that we live in a way that meets our current needs without denying future generations the ability to meet their needs. In other words, when we are sustainable, we have enough for all, forever.

Facilitators from "The Natural Step" worked with us to make us more aware and excited about sustainability. After learning about sustainability, CCOC staff discussed where we would like the organization to be in the coming years in terms of environmentally friendly practices and then looked at ways to reach these goals. The facilitators made sure that everyone got involved in the discussions and sharing of ideas.

CCOC staff is now more aware of the sustainability issues we face and the steps we need to take to make changes. This will be an ongoing process and we are looking forward to moving CCOC towards a more sustainable future.

### Holiday Office Closing

The CCOC Office will be closed at noon on Wednesday, December 24. It will remain closed until 9 am on Monday, December 29. The office will also be closed all day on Thursday, January 1.

### Fermeture du Bureau

Le bureau de la CCOC fermera à midi le mercredi le 24 décembre. Il restera fermé jusqu'à 9h lundi le 29 décembre. Le bureau sera fermé jeudi le 1 janvier.



### Inside...



'tis the season to give and receive, going green in the winter, a seasonal greeting from CCOC staff, events to celebrate the season, and... how to get home safely if you've celebrated too much

**613-234-4065**

Maintenance ext. 707

Rental ext. 224/245

Finance ext. 230

Communications ext. 240

*"NewsNotes" is written & published by CCOC's Membership & Communications Department. Your comments, submissions & suggestions are welcome.*

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**www.ccochoosing.org**

# Go Green this Winter!

Coming soon! The Green Team is launching a handbook called "Bright Green Tips: The CCOC guide to going green in your home". This handbook will teach you simple ways to save electricity, water and gas, and show you things you can do in every room of your unit. There will be special events in several buildings to launch the handbook in mid-December. We will also be distributing postcards so you can tell us what you're doing to Go Green.

Here are some other things we're working on:

1. Feeling a draft? Don't forget that you can call the Maintenance department at 613-234-4065 ext. 707 to receive a window plastic kit to seal your windows for the cold season.
2. Keep your eyes open for the winning posters from our "Take your cloth bag shopping" poster contest!
3. We will be running another competition – this time for a sticker design to remind people to turn out their lights when they leave a room. Look out for that one after the holidays.

If you have questions, would like more information how you can go green, or would like to get involved, contact Sarah at [sarah.button@ccochousing.org](mailto:sarah.button@ccochousing.org) or at 613-234-4065 ext. 237.

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## The Snowsuit Fund

### New Snowsuits \$10 • Used Snowsuits Free

This service is for people on social assistance & working people who qualify for child tax benefits or GST rebates.

Address: 225 Donald St., Unit 134 (enter through the red door at the back of the building)

Phone: (613) 746-5143

Hours: Tuesday to Friday: 9 am - 4 pm

Saturday: open during peak season (call to check)



The centre distributes new (\$10) & nearly new snowsuits (free) for children newborn to 14 yrs. They also have some used coats, mitts and scarves for youth and adults.

### What you need to bring to get a snowsuit:

#### Families who receive social assistance:

- social assistance (drug card) or child tax benefit papers;
- proof of child's date of birth (birth certificate)

#### Low income earners:

- an income tax statement showing the total child tax benefit received in 2007, listing the joint family income and number of eligible children;
- your child's birth certificate

### To Make a Donation:

The Snowsuit Fund gratefully accepts donations of cash and knitted articles as well as gently used winter outerwear, hats, mitts and boots of all sizes. The following businesses also collect donations on their behalf: any Bank of Montreal (cash), Canadian Tire (snowsuits & cash), and Browns Cleaners (snowsuits & cash).



## Bring Holiday Spirit to Your Building

Help decorate your lobby or get a group of tenants together for a holiday gathering.

CCOC has a Santa Claus suit and decorations you can borrow. We may even be able to help fund your building's holiday activities.

Call **Karen** at 613-234-4065 ext. 241 to reserve decorations or to discuss ideas.



# Seasonal Services for those who can give & for those who need.

For those who can give: donations of time, money, food, warm winter clothing are needed. If you can help, contact the centre of your choice for more information. They would be very happy to hear from you! For those who may also need services: here is a list of what is available. It is a good idea to call the phone numbers given to get all of the necessary information.

## Free Holiday Dinners

### **Centre 454** -613- 235-4351

276 Murray Street

Thursday, December 11, 10 am to noon & 1 pm to 3 pm

Tickets - free at centre

### **Salvation Army** - 613-241-1573

171 George Street

Saturday, December 13, noon to 6 pm (every hour)

Tickets - free at 171 George St. & community centres

### **The Well**- 613-594-8861, ext. 31

St. John Evangelist Church, 154 Somerset Street West

Monday, December 15, 11:30 am to 5 pm

No ticket necessary - for women and children.

### **Youth Services Bureau**- 613-241-7788

147 Besserer Street

Thursday, December 18, 11:30 am to 5: pm

No ticket necessary - for youth 12 to 21 years of age.

### **Minwaashin Lodge Aboriginal Women's Centre**

424 Catherine Street, 2nd flr - 613-741-5590, ext. 234

Saturday, December 20, noon to 4 pm

No ticket necessary - for aboriginal children & their families

### **The Mission** - 613-234-1144

35 Waller Street

Sunday, December 21, 11:30 am to 5:00 pm

No ticket necessary.

### **Carleton Tavern** - 613-728-7582 (Cheryl)

223 Armstrong Street

Tuesday, December 25, 11 am to 3 pm

No ticket necessary.

### **Irish Village Heart and Crown** - 613-562-0674

67 Clarence Street

Tuesday, December 25, 11 am to 5 pm

No ticket necessary.

### **St. George & Knox Church** - 613-235-1636

Dinner at Knox Church corner of Elgin and Lisgar

Thursday, December 25, noon, 1:30 pm, 5:00 pm

No ticket necessary.

### **Shepherds of Good Hope** - 613-789-8210

233 Murray Street

Tuesday, December 25, 11:30 am to 12:30 pm

No ticket necessary.

### **Elvis Sighting Society** - 613-722-9322

Newport Restaurant, 334 Richmond Street

Tuesday, December 25, 8 am to 6 pm

No ticket necessary.



*& may 2009 be a year of  
love, peace & joy.*

*Best wishes from CCOC staff.*



## Holiday Spirit in Ottawa's ByWard Market

Dates: Saturday December 6, 13 and 20

Sunday, December 7, 14 and 21

### Free Horse Carriage Rides

Time: 1 pm - 4 pm

Place: corner of York and ByWard - in front of  
le Moulin de Provence

Register your family or friends for a free horse carriage ride through the market. Arrive early to register!

### Christmas Choirs

Time: 12 pm - 4 pm

Place: corner of George and ByWard

Listen to local choirs who are raising funds for their organizations and creating some holiday cheer!

### The Stairwell Carollers

The Stairwell Carollers are an a cappella choir singing both sacred and secular songs from the Renaissance in various languages. The nonprofit organization raises funds for local charities through concerts and CD sales.

Date: Friday, December 12

Time: 7:30 pm

Place: St. Paul's Eastern United Church,  
Cumberland St. & Daly Ave.

Tickets: \$15 adults at the door

### Museum of Science & Technology

#### Winter Solstice Celebration

Date: Sunday, December 21

Time: 7:30 - 9:30 pm

Place: 1867 St. Laurent Blvd.

Indoor and outdoor activities celebrate the shortest day of the year. Sleigh rides, star gazing (weather permitting), hot chocolate. Free admission with a donation for the Ottawa Food Bank.



## Operation Rednose

819 - 771 - 2886

Please don't drink and drive this holiday season. Call Operation Rednose. Volunteers will drive you to your destination in your car. Volunteers are available from 8 pm to 3 am

Friday December 5	Saturday December 6;	
Thursday December 11,	Friday December 12	Saturday December 13;
Thursday December 18,	Friday December 19	Saturday December 20;
Friday December 26	Saturday December 27	Wednesday December 31.

This service is free but donations are gratefully accepted!  
Volunteers are always needed and welcomed.

## CCOC Committee Meeting Schedule

### STANDING COMMITTEES

Membership & Communications

Development Committee

Finance Committee

Property Management Committee

Rental Committee

Board of Directors

### DECEMBER

December 3

December 9

December 10

December 11

December 16\*

December 17

### JANUARY

January 7

January 13

January 14

January 15

January 20

January 28

### TIME (PM)

7:00

7:00

7:00

7:00

7:00

7:30



\*Special meeting - Call the office for more information.

**Where:** Board Room at 415 Gilmour Street (ring 808). Call 234-4065, ext. 0 to confirm.

**Note:** CCOC will pay taxi fare and family care for committee members attending meetings.